

P.E. and Sport Premium Report: 2022-2023

The PE and Sport Premium is funding provided by the government. This funding is provided with the intent that schools can continually make improvements to the quality of PE and sports provision on offer to their pupils.

At Bedelsford, this grant is used to:

- Increase the breadth and depth of the PE curriculum on offer to our pupils.
- Provide high-level training to our staff- to further improve the quality of teaching in PE and Swimming.
- Build on opportunities to take part in inclusive activities both in school and in the community, to increase cultural capital.
- To build upon a cohesive approach to PE, integrating therapies and sports to create opportunities for meaningful participation for our pupils.

All children at Bedelsford School participate in regular physical activity, through their PE lessons, swimming sessions, and physio/OT sessions. All of these separate activities have one shared goal of sustaining and/or improving both the physical health and emotional well-being of every pupil across the school. The PE and Sport Premium funding has been used to help the school to work towards this goal and has allowed for staff to be trained in delivering meaningful and inclusive sessions for our pupils.

The table below outlines how the school has used the PE and Sports Premium to build upon the current curriculum, purchase new equipment to combine therapies with PE, and provide high quality training for staff at the school.

PE Funding 2022-2023				
	Planned Action	Category	Cost	Impact
Autumn	Specialist Sports Coaches for pupils.	PE	£1680	Pupils are able to develop their physical health and well-being through a wide range of accessible sports on a weekly basis. Three classes have access to coaching per term, totalling 9 classes over the academic year.
	PE Equipment	PE	£202	PE equipment which has enhanced pupils' gross motor skills for pupils within PE lessons/MOVE sessions.
	Halliwick Staff Training	Swimming	£880	8 staff have complete the Halliwick training course. This course is designed to break down learning to swim into small steps that are accessible for our pupils. This has resulted in enhanced teaching practice in swimming for pupils.
	Weekly Swimming at the Hurst Pool	Swimming	£220.20	Weekly swimming sessions that allow a group of pupils to have access to a 25m swimming pool in the community. During these session pupils have the opportunity to further develop the swimming skills that they learn in school and work towards their distance awards. This trip also allows pupils to work on their independence in the community.
	Pool equipment Egg flips, noodles. Slalom.	Swimming	£87.75	New equipment to be used in the hydro pool to enable children to learn new skills, leading to better progress being made by pupils.
	Spring	Swimming Pool Floor Mat	Swimming	£221.25
Specialist Sports Coaches for pupils.		PE	£1540	Pupils are able to develop their physical health and well-being through a wide range of accessible sports on a weekly basis. Three classes have access to coaching per term, totalling 9 classes over the academic year, so enhanced participation and attainment in swimming.
Weekly Swimming at the Hurst Pool		Swimming	£183.50	Weekly swimming sessions that allow a group of pupils to have access to a 25m swimming pool in the community. During these session pupils have the opportunity to further develop the swimming skills that they learn in school and work towards their distance awards, meaning enhanced participation and attainment in swimming. This trip also allows pupils to work on their independence in the community.
Hydrotherapy Staff Training		Swimming	£1,500	16 Staff received 4 days of training, delivered by Liquid Listening. This training taught staff how to deliver hydrotherapy sessions in the hydro pool. This has numerous physical and social/emotional benefits for our pupils, meaning enhanced participation and attainment in swimming.

	Liquid Listening Speaker	Swimming	£516	Underwater speaker purchased to increase quality of sounds experienced by pupils when taking part in sessions.
	Frame Running	MOVE	£60	Pupils on the MOVE programme have been able to access Frame Running at Kingsmeadow athletics track on a weekly basis. This activity has provided increased health benefits for pupils and has allowed them to make greater progress towards their MOVE goals.
Sumer	Specialist Sports Coaches for pupils.	PE	£1680	Pupils are able to develop their physical health and well-being through a wide range of accessible sports on a weekly basis. Three classes have access to coaching per term, totalling 9 classes over the academic year.
	Outdoor PE Equipment	PE/Outdoor Learning	£627	Pupils are able to access a range of sports equipment in the playground during break, lunch times, movement breaks and during PE sessions. This allows pupils to access a range of different activities throughout the day increasing their exposure to a range of different sports. All activities are stored with activity cards with ideas for games and skills that they can practice, allowing all staff to support children in physical activity.
	Outdoor Storage	PE/Outdoor Learning	£945	Outdoor storage container used to house outdoor PE equipment so that it is readily available for all pupils to use.
	Gymnastics Equipment.	PE/MOVE	£2344	This equipment enables children to complete movement activities for a range of reasons, yoga, PE, and MOVE. It is used to support the development of gross-motor skills for pupils across the school.
	Frame Running	MOVE	£60	Pupils on the MOVE programme have been able to access Frame Running at Kingsmeadow athletics track on a weekly basis. This activity has provided health benefits for pupils and has allowed them to make greater progress towards their MOVE goals.
	Weekly Swimming at the Hurst Pool	Swimming	£220.20	Weekly swimming sessions that allow a group of pupils to have access to a 25m swimming pool in the community. During these session pupils have the opportunity to further develop the swimming skills that they learn in school and work towards their distance awards. This trip also allows pupils to work on their independence in the community.
	Floor Mats	PE/MOVE	£830	Floor mats are used to surround the trampoline during rebound therapy sessions. This now allows classes to use the trampoline again. Mats allow for pupils to complete floor based activities safely and are used for PE sessions, MOVE groups, Yoga and for children sitting in assembly.
	Set of 4 Benches	PE/MOVE/ Whole School	£725	Benches are used during PE lessons, Move sessions for gross motor skills. They are predominately used for children to sit on during assemblies/productions in the hall.

	Rebound Therapy Training	PE/Therapy	£2,813	11 Staff from across the school are now fully trained in delivering the Rebound therapy programmes. This programme has multiple health and well-being benefits for pupils and can be used by class teams throughout the academic year.
	External Yoga Coach	Therapy	£600	Pupils with physical needs are enabled access to passive and active movement, which in turn supports them to sustain/and or improve joint mobility. In cases of general stiffness and/or high muscle tone- muscles, ligaments, and tendons are further loosened by this.
	Incontinence Swimwear	Swimming	£145	Incontinence swimwear was purchased to increase the amount of pupils that could access the swimming pool on a daily basis, meaning enhanced participation and attainment in swimming.
	Swimming Pool Floor Mat	Swimming	£221.25	A second new floor mat for the hydro pool surround was purchased to further improve safety around poolside, meaning enhanced participation and attainment in swimming.
Through Year Cost	Salary cost of PE teacher.	PE	£39,839	On-site PE teacher to develop PE and swimming curriculums in school, delivering PE and swimming lessons to a wide range of pupils/classes, meaning enhanced participation and attainment in swimming.
	Accessible Transport	Transport	£50	Cost of school minibus and RaKat buses to travel to swimming sessions and Frame Running Sessions, meaning enhanced participation and attainment in swimming.

Total funding received 2022-2023: £16,460

Total expenditure: £58,190